

## Acute Cardiology Service (ACS) Curriculum

### I. Educational Purpose

The ACS service provides care to patients with a variety of acute cardiac diseases including management of ischemic heart disease, cardiac dysrhythmias, cardiomyopathies, valvular heart disease, myocarditis, pericarditis, endocarditis, hypertension, and shock and cardiac arrest. The service provides residents the opportunity to become proficient in the diagnosis and management of multiple cardiac abnormalities with patients aged 18 and older from varying ethnical and cultural backgrounds of both male and female genders. The service has coverage by cardiologists with extensive subspecialty training including interventional cardiology and EPS training:

The Cardiology Faculty include:

Luna Bhatta, MD	Clinical Assistant Professor of Medicine
Robert Carhart Jr., MD	Clinical Associate Professor of Medicine Fellowship Director
Timothy Ford, MD	Assistant Professor of Medicine, Division Chief
Hani Kozman, MD	Assistant Professor of Medicine
Kan Liu, MD, PhD	Associate Professor of Medicine
Debanik Chaudhuri, MD	Assistant Professor of Medicine
Avneet Singh, MD	Assistant Professor of Medicine
Tamas Szombathy, MD	Assistant Professor of Medicine
Daniel Villarreal, MD	Professor of Medicine

### II. Learning Venue

**A. Rotation Description-**The ACUTE CARDIOLOGY SERVICE team typically consists of at least 3 members including the attending, a fellow, a resident. On occasion there may be an acting intern, and medical students. The patient population is diversified. The average number of patients is 5-10.

Expectations of the resident The resident is expected to write daily progress notes on each patient admitted to the service with an extensive knowledge of the patients including laboratory results and any special testing done while in the hospital. They will be required to pre-round on the patients in order to facilitate morning rounds on a daily basis. They will be responsible for presenting new patients to the team as well as old patients during morning rounds. They will be responsible for signing out the team's patients to the night float and discharging patients, including discharge summaries, when patient's are medically stable. They will also be involved in the transfer of patients from the ICU setting to medical floors. They will play a role in the education of the medical students as well as themselves on a daily basis.

## **B. Teaching Methods**

1. Patient care and attending rounds - Work rounds will begin at approximately 0830 daily. The entire team, including the attending, will meet in the 8F (or other designated unit). Each patient will be examined and discussed at the bedside. Teaching will be done at all levels from the attending to the medical student during rounds with the attending playing a predominant role. Teaching will include proper interview techniques, physical exam skills, laboratory interpretation, note writing and didactic teaching. Formal teaching will be available in the form of lectures and conferences including: Invasive Cardiology Conference, Imaging Conference, Journal Club, an Echocardiography Conference, an EKG Conference, and a Cardiology Fellow's Conference. Additional teaching will come in the form of formal brief presentations by the attending, resident, intern and students to the team as a group throughout the week. The presentations will be based on clinical problems or general cardiology topics encountered while caring for specific patients.

### 2. Recommended Reading

#### **CAD, MI, Unstable Angina and Chest Pain**

ACC/AHA Guidelines for the management of STEMI. JACC 2016, 67, 1235 and JACC 2013, 61, e78.

ACC/AHA Guidelines for the management of Non-STEMI. JACC 2016, 64, e139. JACC

Chronic stable angina. Abrams J. *New England Journal of Medicine.* 352(24):2524-33, 2005 Jun 16.

Application of Current Guidelines to the Management of Unstable Angina and Non-ST-Elevation Myocardial Infarction. Eugene Braunwald. *Circulation.* 2003;108

Current Concepts: ST-Segment Elevation in Conditions Other Than Acute Myocardial Infarction  
Wang K., Asinger R. W., Marriott H. J.L. *New England Journal of Medicine* 2003; 349:2128-2135, Nov 27, 2003.

Inflammation, Atherosclerosis, and CAD. Hansson G. K. *New England Journal of Medicine* 2005; 352:1685-1695, Apr 21, 2005.

Use of the Electrocardiogram in Acute Myocardial Infarction. Zimetbaum P. *The New England Journal Of Medicine*,348(10):933-940.2003 March 6

Cardiovascular Complications of Cocaine Use - Lange R. A., Hillis L. D. *New England Journal of Medicine* 2001; 345:351-358, Aug 2, 2001.

#### **Infective endocarditis**

Infective endocarditis. Moreillon, Y. *Que The Lancet*, Volume 363, Issue 9403, Pages 139-149 P.

#### **Pericarditis**

Acute Pericarditis Lange R. A., Hillis L. D. *New England Journal of Medicine* 2004; 351:2195-2202, Nov 18, 2004.

## **Myocarditis**

***Myocarditis* Feldman A. M., McNamara D. *New England Journal of Medicine* 2000; 343:1388-1398, Nov 9, 2000.**

## **Cardiomyopathies**

Reference- Harrison's Textbook of Internal Medicine

### **Restrictive Cardiomyopathy**

Restrictive Cardiomyopathy Kushwaha S. S., Fallon J. T., Fuster V. *New England Journal of Medicine* 1997; 336:267-276, Jan 23, 1997.

### **Hypertrophic Obstructive Cardiomyopathy**

Hypertrophic Obstructive Cardiomyopathy Nishimura R. A., Holmes D. R. Jr. *New England Journal of Medicine* 2004; 350:1320-1327, Mar 25, 2004.

## **Valvular Disorders**

ACC/AHA Guidelines for the management of valvular heart disease . *JACC* 2014, 63, e57.

Aortic Stenosis Carabello B. A. *New England Journal of Medicine* 2002; 346:677-682, Feb 28, 2002.

Valvular Heart Disease Carabello B. A., Crawford F. A. *New England Journal Medicine* 1997; 337:32-41, Jul 3, 1997.

Novel approaches to cardiac valve repair: from structure to function: Part I. *Circulation*. 109(8):942-50, 2004 Mar 2. Yacoub MH. Cohn LH.

Novel approaches to cardiac valve repair: from structure to function: Part II. *Circulation*. 109(9):1064-72, 2004 Mar 9 Yacoub MH. Cohn LH.

## **Hypertension**

Harrison's Textbook of Internal Medicine

Hypertensive emergencies: diagnosis and management. Phillips RA. Greenblatt J. Krakoff LR. *Progress in Cardiovascular Diseases*. 45(1):33-48, 2002 Jul-Aug.

### **Endothelial Dysfunction:**

Role of endothelial dysfunction in atherosclerosis. Davignon J; Ganz P. *Circulation* 2004 Jun 15;109(23 Suppl 1):III27-32.

### **Arrhythmias - Ventricular Tachycardias**

Wide QRS complex tachycardias. Gupta, AK, Thakur, RK. *Med Clin North Am* 2001; 85:245

Ventricular tachycardia versus supraventricular tachycardia with aberration: electrocardiographic distinctions. In: *Cardiac Electrophysiology From Cell to Bedside*. Miller, JM, Hsia, HH, Rothman, SA, et al. Zipes, DP, Jalife, Jose (Eds), W.B. Saunders, Philadelphia 2000. p.696

A new approach to the differential diagnosis of a regular tachycardia with a wide QRS complex. Brugada, P, Brugada, J, Mont, L, et al. *Circulation* 1991; 83:1649.

### **Supraventricular Tachycardias**

Supraventricular tachycardia. Ganz, LI, Friedman, PL. New England Journal of Medicine 1995; 332:162.

### **Atrial Fibrillation:**

ACC/AHA Guidelines for the management of atrial fibrillation . JACC 2014, 64, e1.

Atrial Fibrillation. Falk R. H. New England Journal of Medicine 2001; 344:1067-1078, Apr 5, 2001.

A Comparison of Rate Control and Rhythm Control in Patients with Atrial Fibrillation. The Atrial Fibrillation Follow-up Investigation of Rhythm Management (AFFIRM) Investigators. New England Journal of Medicine 2002; 347:1825-1833, Dec 5, 2002.

### **Implantable Cardioverter-Defibrillator**

Implantable Cardioverter-Defibrillators. DiMarco J.N Engl J Med 2002; 347:1825-1833, Dec 5, 2002.

### ***Syncope***

Neurocardiogenic Syncope. Grubb B. P. New England Journal of Medicine 2005; 352:1004-1010, Mar 10, 2005.

Syncope. Kapoor W. N. New England Journal of Medicine 2000; 343:1856-1862, Dec 21, 2000

### **Heart Failure**

ACC/AHA Guidelines for the management of CHF . JACC 2013, 62, e147.

Heart Failure. Jessup M., Brozena S. New England Journal of Medicine 2003; 348:2007-2018,

Aldosterone in Congestive Heart Failure. New England Journal of Medicine 2001; 345:1689-1697, Dec 6, 2001

Hormones and Hemodynamics in Heart Failure. Schrier R. W., Abraham W. T. New England Journal of Medicine 1999; 341:577-585, Aug 19, 1999.

Use of plasma brain natriuretic peptide concentration to aid in the diagnosis of heart failure. Shapiro BP. Chen HH. Burnett JC Jr. Redfield MM. Mayo Clinic Proceedings. 78(4):481-6, 2003 Apr.

Diastolic Heart Failure Aurigemma G. P., Gaasch W. H. New England Journal of Medicine 2004; 351:1097-1105, Sep 9, 2004.

### **Electrocardiography**

Marriot's Textbook of Practical Electrocardiography. Latest Addition

3. Unique Learning Opportunities - In addition to the conferences listed above, the inpatient cardiology service provides several unique opportunities. Team members have access to all cardiac catheterizations including angioplasties and stenting as well as EP studies. They also take care of patients in an ICU setting including patients on ventilators and IABPs. Throughout most of the year there is a pharmD graduate and/or student present during rounds to provide detailed pharmacological information.

**III. Mix of Diseases**-The following list includes most of the diseases encountered while on the inpatient cardiology service.

A. Common Clinical Presentations

Abnormal heart sounds or murmurs  
Chest pain  
Dyspnea  
Effort intolerance, fatigue  
Hypertension  
Intermittent claudication  
Leg swelling  
Palpitations  
Peripheral vascular disease  
Risk factor modification  
Shock, cardiovascular collapse  
Syncope, lightheadedness

B. Procedures

Advanced cardiac life support  
Insertion of balloon-tipped pulmonary artery catheter (optional)  
Insertion of temporary pacemaker (optional)  
Stress electrocardiography (optional)  
Echocardiography  
Electrophysiology testing  
Left ventricular catheterization and coronary angiography  
Nuclear scan wall motion study  
Right ventricular catheterization (including flotation catheter)  
Stress electrocardiography and thallium myocardial perfusion scan  
Tilt-table physiology study  
External Pacing

**IV. Educational Content**

Arrhythmias

Atrial (flutter, fibrillation, etc)  
Conduction abnormalities  
Pacemaker management  
Ventricular

Congenital Heart Disease

Congestive Heart Failure

Acute pulmonary edema

Chronic congestive heart failure

Diastolic

Systolic

Coronary Artery Disease

Angina pectoris, chronic stable

Angina Pectoris, unstable

Myocardial infarction, complicated

Myocardial infarction, uncomplicated

Myocardial infarction follow up

Postoperative care (CABG, PTCA)

Endocarditis

Hypertension

Chronic stable hypertension

- Hypertensive crisis
- Secondary Hypertension
- Myocardial disease
  - Cardiomyopathy
  - Myocarditis
- Pericardial Disease
  - Acute pericarditis
  - Pericardial Tamponade
- Preoperative evaluation of the cardiac patient
- Vascular Disease
  - Aneurysm (atherosclerotic, mycotic)
  - Aortic Disease
  - Arterial insufficiency
  - Chronic venous stasis
  - Deep Venous Thrombosis
  - Dissecting Aneurysm
  - Valvular heart disease
- Patients with chest pain of unknown etiology
- Pulmonary hypertension
- Skills
  - Diagnosis and management of angina, unstable angina and acute MI (Acute Coronary Syndromes)
  - Diagnosis and management of acute and chronic CHF
  - Diagnosis and management of acute and chronic atrial fibrillation/flutter
  - Diagnosis and management of life threatening ventricular and atrial arrhythmias as outlined in the ACLS protocol
  - Diagnosis and management of patients with chest pain of unknown etiology
  - Evaluation of markers of myocardial injury
  - Indications for angioplasty, CABG and medical therapy in patients with CAD
  - Recognition of infarct patterns on a surface 12 lead EKG
  - Interpretation of PA catheter waveforms
  - Post-MI evaluation, risk stratification and management
  - Indications for noninvasive and invasive cardiac evaluation
  - Complications of cardiac catheterization and PTCA

#### **IV. Method of Evaluation**

Six core competencies are used for evaluation of team members. Interim evaluations are done throughout the rotation for praise of outstanding work and correction of substandard performance. At the end of each rotation all team members complete formal evaluations of each team member using the web-based E-value evaluation software.

#### **V. Rotation Specific Competencies**

Patient Care-Members of the ACS service must learn to treat some of the most complex medicine patients. Many of the patients found on the service have multiple diseases linked with or caused by their concomitant heart disease. This requires team members to have an integral understanding of the patient's entire physical well being rather than simply one perspective.

Medical Knowledge-Additional medical knowledge required to master while on the inpatient cardiology service includes understanding IABP, pacemakers, EPS, and cardiac catheterization.

Professionalism-The inpatient cardiology service requires a commitment to professionalism while providing care to terminally ill patients. Providing the best care for those patients requires that their overall quality of life be considered which often leads to end of life issues.

Interpersonal and communication skills-With consideration of the above, members of the inpatient cardiology service need to hone their communication skills not only with patients but also with family members in order to discuss sensitive topics such as end of life issues.

Practice based learning-Link to competency document.

Systems based learning-The inpatient cardiology service offers training in care for patients in an ICU setting. Also the multidisciplinary nature of this specialty affords residents the opportunity to work closely with community physicians, social workers, case managers and other specialist.

Reviewed & Revised by: Dr. Ford and Dr. Carhart

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